Dear Parents,

Sunday’s Gospel story is the well-known account of Jesus calming the storm. Perhaps it can be a parable for us – there will be times, there have been times when, in the journey of life, suddenly chaos erupts. A tempest storms into our life. The wind is howling. We want to block our ears to the situation threatening us whether from the outside or from some part of our own personality. We feel we are being swamped. That is why this Gospel story is good news for us, for you and for me. With the disciples we may cry out to Jesus ‘Don’t you care?’ And the Lord of the Universe will ensure we are not submerged by chaotic, dark forces. We know that He will support us through these testing times.

**GALA DAY**

Tomorrow our senior students take part in the Gala day. VolleyStars, Netball and Football will be played at Ashwood Secondary College and Soccer will be played at Carlson Reserve (Stephensons Road)

**REPORTS AND PORTFOLIOS**

These will be sent home tomorrow afternoon (Friday 19th June). Please take time to look through your child’s work and comment on their achievements. We ask they be returned to school no later than Friday 26th June. Also included in the envelope will be parent’s user name and password to access the PTO booking service for the Parent/teacher interviews on Wednesday 22nd July (3pm to 6:30pm … children dismissed at 2:30pm) and Thursday 23rd July (4pm until 6:30pm).

Interviews will be 10 minutes each. If you require extra time a mutually agreeable time may be arranged with your child’s teacher.

**CONFIRMATION PROGRAM**

A reminder the Confirmation Parent night will be tonight, Thursday, 18th June at 7pm, in the Sacred Heart School Hall. Children wishing to be confirmed are required to attend a Commitment Mass on Saturday 20th June at either the Sacred Heart Mass (5:30pm) or the Christ Our Holy Redeemer Mass (7:00pm).

**CONCERT NEWS**

Preparations and planning are underway for our concert to be held on Thursday, September 17th at Sacred Heart Girls College. At this stage teachers are finalising concert items in order to begin practices early next term. Information regarding costumes and props will be sent to parents at the beginning of term 3. Class representatives will no doubt be looking for volunteers to assist class teachers with all of this.

We do ask that all students wear long black pants and a black t-shirt (long or short sleeved). No Logos please! The forthcoming holidays might be a good time to get this organised as often these basic items are hard to find when you need them. Thank you

**CONDOLENCES**

Our thoughts and prayers are with the following families who have all lost loved ones over the past week.

The Tarpey family (Breanna 1/2S) grandfather passed away.

The Simos family (Riannah 1/2W) grandfather passed away.

The Allan family (Angus 5/6K and Jack 1/2CP) grandfather passed away.

**END OF TERM 2**

Term 2 will finish at 2:30pm next Friday. An End of Term Liturgy will be held in the Hall at 2pm. All parents are most welcome.

Term Three will commence on Monday 13th July.

**SCHOOL DISCO**

Thank you to people who continue to volunteer their time and assistance for the disco on Friday night. Please return your form and money to the office by tomorrow morning. Those who have returned their forms without payment, please send your money in a marked envelope to the office tomorrow morning. Don’t forget to bring a drink bottle on the night.

**PARENTS’ ASSOCIATION**

The successful bidder for the VIP Rock Star Carpark was Caroline Aldred.

The Parents’ Association will meet next Wednesday 24th June at 7:30pm in the Staffroom.
EDUCATION BOARD
The Education Board will meet on Thursday 16th July at 7:30pm in the Staffroom.

SCHOLASTIC BOOKS
Thankyou to everyone who purchased books through the Scholastic Book club. The school earned $96 in rewards which will be used to purchase books for the library. The orders will sent home this week.

TERM TWO CALENDAR

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Thursday 18th</td>
<td>Confirmation Parent night 7pm</td>
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<tr>
<td>Friday 19th</td>
<td>Disco (5:15 – 8pm)</td>
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<tr>
<td>Saturday 20th</td>
<td>Confirmation Commitment</td>
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<tr>
<td></td>
<td>Mass 5:30pm (SH) or 7pm (COHR)</td>
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<tr>
<td>Wednesday 24th</td>
<td>Parents’ Association</td>
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<tr>
<td>Friday 26th</td>
<td>End term 2 – children dismissed at 2:30</td>
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</tbody>
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With best wishes

Thomas Coghlan
Principal

Financial Assistance Information for Parents
Camps, Sports & Excursions Fund (CSEF)
Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund will ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. The allowance will be paid to the school to use towards expenses relating to camps, excursions, or sporting activities for the benefit of your child.

The annual CSEF amount per student will be:
- $125 for primary school students
- $225 for secondary school students.

How to Apply
Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

CLOSING DATE
You should lodge a CSEF application form at the school by WEDNESDAY 24th JUNE (NEXT WEDNESDAY)
For more information about the CSEF visit www.education.vic.gov.au/csef

REFUGEE WEEK
By Fr Andy Hamilton SJ
Refugee week is a time for looking at big pictures and little pictures. This year the big picture is bleak. The number of people who flee across land borders to escape war and persecution has grown, especially in the Middle East and in Africa. They are often escaping from religious persecution, but their flight takes them into the path of international conflict and of the bombs that respect neither religion, nationality nor life itself.

In western nations our attention has been focused more narrowly on people who have taken to boats to escape, sometimes from persecution, sometimes from the grinding poverty caused by civil wars. The Australian solution - preventing people from making a claim on us for protection by pushing the away – has attracted many politicians in Europe. It has also been adopted by our neighbouring countries. They have batted boats from one territory to another and back again, without allowing them to land.

Refugee Week allows us to look at these large situations and to say there must be a better way. But it also allows us to focus on the small picture. That is where we learn why we should bother with refugees and asylum seekers at all. The little picture shows the faces of hungry, thirsty and afraid people trapped on the boats shuttling between nations. It shows the face of a child crying for her detained father, of families running from men who will kill them for their faith, and from the bombs dropped by their self-styled defenders. It shows the face of the young sailor charged with pushing back these desperate people, and our own faces as we recognise what is being done in our name.

Refugee week offers us space to look at these faces, to care for those close to us, and to demand a better way that respects and care for them. But how to do this?

The Catholic Alliance for People Seeking Asylum (CAPSA), convened by Jesuit Social Services, suggests a way. It, gathers Catholic Institutions and individuals to build a collective Catholic voice to change the Australian treatment of asylum seekers. Its members include the Australian Catholic University, Catholic Health Australia and Caritas. It provides a platform for sharing resources, ideas and inspiration, and for encouraging and inviting more people to join together to supporting people who seek protection.

Johanna Burns, from Jesuit Social Services, the convener of CAPSA, explained, ‘As people come together in supporting asylum seekers, their activities will grow and become more effective. Anything each of us does, by collecting food to share with asylum seekers, offering friendship and comfort, helping with housing, or joining others in speaking up for them, will help make a more caring society’.

You can check out CAPSA on its website.
www.capsa.org.au
Maths Week @ COHR

WHAT DID WE LEARN DURING MATHS WEEK?

Maths Week @ COHR was a huge success! Thank you to everyone who enthusiastically participated in the week’s activities including students, parents and teachers. Have a look at some of the fun activities we took part in...

We are learning to use our Maths skills and strategies in real life.

I learnt sometimes in sport you have to use angles for where you are aiming.
– James 5/6PT

When we cook at home we have to measure the temperature – Bella & Ashlee 5/6PT

We are learning to enjoy Maths and feel good about doing Maths.

We used games and equipment to learn together.
We worked in teams and shared our ideas.

We absolutely loved the Professor Maths incursion. It was challenging, fun and involved teamwork!

GRADE 3/4L
We are learning to see Maths as a big part of our world.

Everything you do has at least 1 thing to do with Maths. - Paulina 5/6PT

I learnt a lot from maths week. It was fun when we got to do the religion maths and sport maths, and learn how maths is used in real life.
- Jake T 5/6K

Golly! Maths really is EVERYWHERE! It’s not just numbers....

I like Maths because it is all around us. Maths is my favourite subject.
- Natalina 1/2S

It’s easy to realise how things in the world connects to Maths e.g. when you go shopping, the cost of things.
- Elena 5/6W

I learnt that there is Maths everywhere like in sport.
- Sal 5/6W

WANT TO KNOW MORE?
Visit the MATHS @ COHR Blog to see more student reflections and photos from Maths Week.
www.mathscohr.global2.vic.edu.au

Number Detective
Well done to all the students who participated in the Number Detective competition last week. There were lots of correct answers each day but a special congratulations goes to these winners:
Claudia 3/4B  Alessandra 5/6K
Nicholas 5/6PT  Carla 1/2CP
Catholic family life is an opportunity to recognise the grace of God in our daily lives. You are invited to nurture your family’s faith with the readings, reflections and activities below… For more resources, check out our COHR Religion Blog – http://recohr.global2.vic.edu.au

**THIS SUNDAY’S GOSPEL**

**Year B – Twelfth Sunday of Ordinary Time**

Mark 4:35-41

*Who can this be? Even the wind and the sea obey him.*

With the coming of evening, Jesus said to his disciples, ‘Let us cross over to the other side.’ And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, ‘Master, do you not care? We are going down!’ And he woke up and rebuked the wind and said to the sea, ‘Quiet now! Be calm!’ And the wind dropped, and all was calm again. Then he said to them, ‘Why are you so frightened? How is it that you have no faith?’ They were filled with awe and said to one another, ‘Who can this be? Even the wind and the sea obey him.’

**FAMILY CONNECTION**

Worries and concerns are part of human life. Jesus teaches us, however, that we ought not to let worries and concerns consume us. Jesus teaches us that our faith ought to lead us to trust in God’s protection and love, no matter how strong the whirlwind going on around us.

Like the disciples, we can bring our worries and concerns to Jesus in prayer. Jesus will hear our cries for help. He knows that our faith can be fragile and he will act so that our trust in God will be strengthened.

As you gather as a family, invite each family member to talk about something that might be worrying them. Talk about how important it is to share worries and concerns with other people. When we do this, we learn to see our worries from a different perspective.

Read this Sunday’s Gospel. Ask your family questions such as these:

- Why were the disciples worried about the storm?
- Why wasn’t Jesus worried about the storm?

When we bring our worries to Jesus in prayer, Jesus can help us see things from God’s perspective. Invite family members to name again a worry or concern and pray together that Jesus will help us have faith in God’s love and protection. Conclude in prayer together by praying the Lord’s Prayer.

**MINDFULNESS STRATEGY:**

**The Worry Jar**

As a family, make a Worry Jar. This can be a place to put all your worries so that we do not need to keep thinking about them. Just knowing that your worries are contained in the jar can free you from having to replay them in your mind.

To make a worry jar, you will need a real glass or plastic jar. Perhaps as a family, you can decorate and label it. Once the jar is completed, family members may write down any worries on pieces of paper. Fold each worry and put it in the jar. Ensure that the jar remains closed otherwise.

As a family, schedule “Worry Time”. Worry time is a set time of day when family members have permission to worry as much as he or she wants. Of course, when worry time is over, then the worrying must end for the day. Choose 10-15 minutes a day after school or after supper (but not right before bed) and write down when worry time is on the worry jar (e.g., 4 PM to 4:15 PM).

During Worry Time, the worry jar may be opened, look inside and family members may discuss or review any worries that he or she has had throughout the day or week. To end worry time, have a timer or alarm sound to indicate that worry time is over for the day. Close the jar and put the worries away.