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Dear Parents,

In the Beatitudes listed in Sunday's Gospel, we are given examples of what it means to live lives of holiness. This Gospel really does not present a blueprint for holiness. Rather, it offers a series of snapshots that demonstrate the holiness that is ours by virtue of our baptism. Those who have gone before us lived such lives. On Sunday, as we celebrate All Saints Day, we hold up their lives as examples of holiness and models for our imitation. The sentiments that are expressed and the commitment that it illustrated in the beatitudes clearly stand in opposition to the standards of the world. They are traits that are recognisable by we who belong to the family of God, for they are genuine faithful traits. On Monday we recognise All Souls Day. We pray that here at Christ Our Holy Redeemer we remember people who have displayed faithful actions, such as the Beatitudes.



COHR FEAST DAY

Yesterday the school celebrated our feast day beginning with a whole school mass with the theme: *Grow in Faith, Reach Out to Others*.

The children participated in a number of activities throughout the day to build their faith and understanding of social justice issues which might affect our global and local world. Thank you to Jill Palermo for her organisation and preparation for this school event.

SCHOOL CLOSURE DAY

A reminder the school will be closed Monday 2nd and Tuesday 3rd of November.

EDUCATION BOARD

A meeting has been re-scheduled for Wednesday 4th November at 7:30pm in the Staffroom.

KANGA CRICKET

A reminder the event will be held at Princes Highway Reserve tomorrow. Teams from 3/4 (20 students) and 5/6 (30 students) will be competing. Please let the Office know if you are able to assist. Thank you

CAMP 2016

After our successful trip to Canberra this year, the Education Board looked at our Camp Policy with a view of giving our Year 4 students an experience before a 5 day Camp. Next year, our Year 4 students will participate in a one-night camp experience in November.

WALK TO SCHOOL MONTH

Starting next week (Thurs 5th Nov) for the duration of November. Class teachers will record the number of students who walk to and from school. We encourage families to get on board.

SOCIAL SKILLS

Building a Better School Yard Program Term 4 All students took part in the final Building a Better School Yard workshop this term. Each class had a 40 minute session with Catherine Gerhardt from Kid's Connections. Foundation to Year 2 explored - Making good choices and poor choices and they really enjoyed learning about how to be a super hero upstander. There is a flyer attached which explains the social skills and strategies explored in the session. The Year 3 - 6 sessions will be shared in next week's newsletter.

If you would like anymore information see Michelle Seel

VEGIE GARDEN

Vegetable seedlings will be on sale on Friday morning. Tomatoes, peppers and lettuce. \$2 punnett

SCHOOL BANKING

Due to the public holiday there will be no school banking next week.

TERM 4 DATES

November

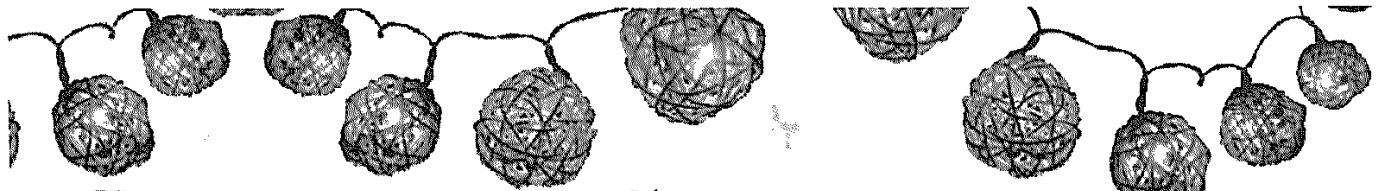
Monday 2nd	School Closure day
Tuesday 3rd	Melbourne Cup Holiday
Wednesday 4th	Education Board Meeting
Thursday 5 th	Parents' Association meeting
Monday 9th	Yr 6 Graduation Photos
Wednesday 11th	Prep Orientation night – Parents 3/4 Excursion
Saturday 14th	Reconciliation COHR 10am; SH 4:30pm
Wednesday 18th	Prep Orientation 11:40am – 1:00pm
Thursday 19th	Night Market
Friday 20 th	Yr 5/6 Basketball Gala day
Wednesday 25th	Prep Orientation 11:40am – 1:00pm Parents' Association meeting
Friday 27th	School Closure day
Sunday 29th	Reconciliation certificates distributed

December

Friday 4th	Carols in the Park
Thursday 10th	Yr 6 Graduation Mass & Dinner
Friday 11th	Reports, Portfolios & Class information sent home PA Christmas Party
Tuesday 15th	School Mass 9:15am Yr 6 Assembly 2:30pm
Wednesday 16th	Term 4 ends – children dismissed at 3:30
Thursday 17th	School Closure day

With best wishes

Thomas Coghlan
Principal



MARKET

MARKET

6.30PM-9.00PM

19 NOVEMBER

CHRIST OUR HOLY REDEEMER

SCHOOL HALL

43 FERNTREE GULLY ROAD

EAST OAKLEIGH

25+ STALLS

BBQ & DRINKS

ENQUIRES: 0431 813 944 OR

COHRMARKET@GMAIL.COM



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**Christ Our Holy Redeemer
Primary School**

Building A Better Schoolyard Term 4, P-2

The fourth and installment of our social toolkit of strategies for Prep–2 parents, teachers and students.

In the final Building A Better Schoolyard workshop this year we looked at good choices and poor choices.

Young children do not necessarily always make good choices as they experiment with different ways of behaving. For example, young children may make mean faces, say threatening things, grab objects, push others aside, falsely accuse others, or refuse to play with particular children. While hurtful, these behaviours are not considered bullying because they are not done to deliberately and repeatedly hurt another less powerful child.

The good news is that such behaviours are easier to stop in the early stages. Young children usually adjust their behaviour depending on the responses of their classmates or teachers. If they are re-directed, they change their behaviours and try out new ones.

It's important to clarify that children don't need to include everyone in their play and activities every single time. There may be instances when it's really not a good time for someone else to join them. Practice how to say no, kindly and sensitively. For example, they could say, "Sorry, we're right in the middle, but we're almost done—you can play with us as soon as we finish this."

Start by sharing a story about when you made a good or poor choice. Hearing a story about an

adult's experience can move a child to reveal their own experience.

Acknowledge that it's okay to make a poor choice because everyone does it. Remind children that it takes practice to make good choices. Learning to make good choices is a continuous practice—we are always learning because things are always changing. When we have made a poor choice we need to think about what we can do differently the next time to get better at making a positive change.



Think about the story of Goldilocks and the 3 bears. Goldilocks made some poor choices: she chose to go into the bears house when they were not there, she chose to eat the porridge and she chose to sleep in the comfy bed. How could Goldilocks have made good choices? Perhaps she could have knocked on the door, leave a note, decide to come back later, etc. Use any opportunity you have to reiterate the good choice/poor choice concept—remember practice makes perfect!

In many schoolyard situations, as well as throughout life, when others are making poor choices there are often others who are standing around watching. This is what we know as the bystander approach.

A bystander is a person who watches, or observes something happen. It's an "eye witness". Did you know that bystanders have the most power against unwanted behaviour? A bystander who helps stop a negative situation is called a "*Bystander Superhero*".

Bystander Superhero's

Stand UP

Speak UP

Act UP

A bystander who does nothing about bullying is called a "*Bystander Statue*"...they just stand there and watch it happen.

Young children can tend to be fastidious about the rules; they can be quick to notice when someone is doing the wrong thing—and they often let us know about it straight away! As children get older they can become reluctant to take on the bystander role for fear of being a "dibber-dobber".

There is a difference between dobbing and telling. Telling is sometimes called reporting. Can your children tell the difference between telling and dobbing?

Dobbing

- The child tattling wants to get someone else in trouble or avoid blame.
- The child tattling may have something to gain; attention, popularity.
- No one is hurt or in danger.
- It is not an important problem, and can be solved without an adult.
- The child threatens to tell on another in order to control the other child.

Telling

- The child telling wants to keep themselves or others safe.
- The child telling is concerned about safety.
- The problem is important and urgent!
- Someone may be hurt or in danger.
- An adult is needed to help solve the problem.

Do they understand when it's not only okay---but important--that they tell an adult what's happening?



Be a Bystander Superhero!



Stand UP
Speak UP
Act UP

