



43 Ferntree Gully Road Oakleigh East 3166
 Phone: (03) 9569 8966 Fax: (03) 9563 0295
 Email: principal@cohroakeast.catholic.edu.au
 Website : www.cohroakeast.catholic.edu.au

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Dear Parents,

Yesterday we commenced the season of Lent, beginning with Ash Wednesday. Our modern culture has embraced the concept of sacrifice for a cause, with 'Feb Fast', 'Dry July' among those causes which have emerged in recent times, spin-offs from this ancient Christian feast, which are often lauded for having a personal health benefit as well as raising money for the cause.

As Christians, we are called to fasting, abstinence and prayer for 40 days in the lead-up to Easter. Lent is our opportunity to be concerned for our spiritual health. This has a personal as well as communal aspect to it.

Pope Francis says in his Lenten Message: "Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty. Let us not forget that real poverty hurts: no self-denial is real without this dimension of penance. I distrust a charity that costs nothing and does not hurt." (see <http://www.zenit.org/en/articles/pope-francis-lenten-message-2014>).

There are many around us who need our charity and love, beginning with our spouse and members of our family, our friends, fellow parents, neighbours and fellow parishioners, as well as those who experience utter poverty and destitution.



CAMP

Yesterday our Yr 5/6 set off to camp. They arrived safely in Sovereign Hill and have commenced their activities, including a special Ash Wednesday prayer service.

We would like to acknowledge Freedom Food who generously donated 240 muesli bars for the students and teachers. The details are as follows:

Crunchola Bars in the following varieties:

Chewy Apricot

Ingredients:

Rolled Oats (64%), Glucose, Diced Apricot* (6%), Apple Juice Concentrate, Canola Oil, Inulin, Natural Apricot Flavour (0.4%), Soy Lecithin.

Chewy Apple and Cinnamon

Ingredients:

Rolled Oats (64%), Glucose, Diced Apple* (6%) (Dried Apple (44%), Glycerine, Apple Juice, Rice Flour), Apple

Juice Concentrate, Canola Oil, Inulin, Natural Apple Cinnamon Flavour (0.3%), Cinnamon (0.2%), Soy Lecithin. Chewy Apple and Blueberry Juice

Ingredients:

Rolled Oats (64%), Glucose, Mixed Diced Apple*(6%)(Dried Apple (44%), Glycerine, Fruit Juice (Blueberry, Apple), Rice Flour, Elderberry Juice Extract), Apple Juice Concentrate, Canola Oil, Inulin, Natural Blueberry Flavour (0.4%), Soy Lecithin.

These are all produced in a nut free facility.

These products are available widely – you may care to consider them when purchasing items for your child's lunch box.

ICY POLES

Icy poles will be available on the remaining Fridays for this term. They will be 50c each.

OUT OF SCHOOL HOURS CARE

Our Out of School Hours program has now moved into the Hall.

SCHOOL CLOSURE DAY – Monday 17th MARCH

Georgina Manning, who presented at last week's Parent meeting, will be working with the staff on Monday 17th March. This will be a school closure day for this term. Please take note as it wasn't advertised on the calendar sent home last year.

SCHOOL HATS

A reminder that children are required to have their school hats for recess, lunchtimes and PE. Please, please ensure hats are clearly named.

WORKING BEE

This year there will be two working bees. The dates for these will be:

- **Saturday 26th April 8am-9:30am** (opportunity to tidy school grounds before Open Day)
- **Friday 7th November 3:45pm-5:30pm** (opportunity to tidy oval etc before the School Fete)

We would appreciate as many as possible at both of these working bees. It is a great chance to meet new families too. Your maintenance levy will be deducted from the fees by attending one of these working bees.

SCHOOL BANKING DAY - Tuesday

TERM ONE

February

March

Monday 3rd
Wednesday 5th

School Photo day
Ash Wednesday
Yr 5 & 6 leave for Camp
Yr 5 & 6 return from Camp
Labour Day holiday
Education Board meeting
Catholic Education Visual Arts
Exhibition

Friday 7th
Monday 10th
Thursday 13th
Saturday 15th

Monday 17th
Thursday 20th

School Closure day
Mass for schools at St Patrick's
Cathedral

Friday 21st

National Day against Bullying &
Violence

Wednesday 26th
Monday 31st

Parents' Association meeting
School Sports day (children
dismissed at 2:30pm)

April

Friday 4th

Term 1 ends (children
dismissed at 2:30pm)

With thanks

Thomas Coghlan

PRINCIPAL

WIN YOUR EXCLUSIVE CHANCE TO WIN A NEW ALFA ROMEO GIULIETTA

Face Painting SPORTING CELEBRITIES POPCORN
KIDS ACTIVITIES Cake Stall HUGE RANGE OF FOOD

Holy Family School
W G R E A T F E T E

250 STEPHENSONS ROAD, MT WAVERLEY Holy Family School

SATURDAY 15TH MARCH 2014
10 AM - 4 PM

FAIRY FLOSS CARNIVAL RIDES Jumping Castle LUCKY DIP
MUSIC Silent Auction

Find us on facebook Holy Family 2014 Great Fete

Nunawading Fiat Alfa Romeo
BarryPlant *Baker's Delight* We're for real.
HOME TIMBER & HARDWARE Flatmans Timber & Hardware 631 High Street Rd, Mt Waverley 0892 9211
WFC Waverley Financial Group
Syndal's Bridal DRY CLEANERS Australia's Leading Bridal & Formal Wear Dry Cleaner
Bamboou Early Learning Centre