



# CHRIST OUR HOLY REDEEMER SCHOOL

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Newsletter No 1

7<sup>th</sup> February 2019

*'Inspired by the Spirit, we are a strong community, supporting and leading learners in a safe and inclusive environment.'*

## Welcome to the 2019 School Year!

Dear Parents and Carers,

It has been a terrific start for our 2019 Prep children, a class of 24 very eager, confident and enthusiastic children. Along with our new Prep families we also warmly welcome 4 new families to our school who, collectively, have 8 new children enrolled in classes from Grade One through to Grade Six. We currently have enrolment numbers at 286 students for the 2019 school year.

Today we celebrated our first whole school mass together as a community. We prayed that God would guide us and bless us in this new year of learning. Thank you to those parents who came along to join us.

This year we welcome the following new staff to our school:

Mrs Suzanne Neil – Learning Diversity Leader  
Miss Sarah Den Elzen – 3/4 Class Teacher  
Mr Tim McDonald – Learning Support Officer  
Mrs Marissa Kilbride – Visual Arts Teacher

We are excited to welcome our new colleagues and friends. New staff bring new skills, new personalities and new insights into the classrooms and staff room. We wish each of our new staff members a most enjoyable and fulfilling time at Christ Our Holy Redeemer.

Thank you to all families for your cooperation and support as we commenced the new year with two assessment days. These days proved to be very beneficial as teachers got to know the children a little better before they commenced on Friday.

As mentioned last week, we were saddened to hear of the passing of one of our parents, Anthony Paine, father of Isabella and Alessandro. Anthony's funeral to take place next Wednesday 13<sup>th</sup> February at Boyd Chapel, Springvale Cemetery at 11:00am. Thank you to those families who have offered support to the Paine family by providing meals or offering support where required. If any other parents are in a position to provide a meal you can advise the office of your intentions. Thank you.

### Parent Information Evenings

These meetings will be a valuable opportunity to meet class teachers, hear more about class expectations and responsibilities of your children as well as hearing a little about the focus of the year. Meetings will be held in the hall and commence at times according to the level.

**Monday 11th February Prep Level – 6:30pm**

**Monday 1st February 1-2 Level – 7:30pm**

**Thursday 14th February 3 - 4 Level – 6:30pm**

**Thursday 14th February 5 - 6 Level – 7:30pm**

It is not necessary for children to attend with their parent/s.

## Flexibuzz

A reminder that we will be using the Flexi Buzz app to contact parents regarding upcoming events, reminders and our fortnightly newsletter. Class teachers will also use this app to inform families of classroom notices. The Flexi Buzz app can be downloaded onto an android device, an iPhone or iPad or a windows phone. We are hoping that all parents will join so that we can improve our communication with you. For those of you who have already downloaded this app, please ensure you have updated to your child's new class.



## Lunch Orders



Classroom Cuisine will again provide our lunch order service on every day except Tuesday.

**All orders must be placed on line before 8.30am.** School has no access to the service and **will not** be able to place late orders. For information or to order, please visit <https://classroomcuisine>

## ShroveTuesday- CHANGE OF DATE

A Notice went home on Tuesday regarding Shrove Tuesday next week, however Shrove Tuesday is actually on **TUESDAY 5<sup>th</sup> MARCH**. We will celebrate with pancakes on this day. Please return the form if your child DOES NOT want a pancake.

## Reflective Garden

On Monday 11th, 18th and 25th February, we are needing parent help to tidy and clean up our reflective garden. If you are able to lend a hand after drop off, we would greatly appreciate it.

## Financial Assistance Information for Parents

The annual CSEF amount per student will be:

\$125 for primary school students

\$225 for secondary school students.

How to Apply

Contact the school office to obtain a CSEF application form or download from [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

For more information about the CSEF visit [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

## Year 4 Camp

At Christ Our Holy Redeemer we hold a Year 4 overnight camp. The cost of this camp was not on the recently distributed fees as we were yet to confirm the price with the camp site. This year we will be attending Stringybark Lodge in Gembrook on the 21-22 November. The cost of the camp will be \$200.

## School Hats

A reminder that children are required to have their school hats for recess, lunchtimes and PE. Please, please ensure hats are clearly named.

## Scholastic Book Club

Book Club Orders were sent home today, could we please ask that orders and money are returned to the school by Friday 15<sup>th</sup> February.

## School Banking

School banking will be every Tuesday morning. Please ensure you have updated your child's class on the banking cover. If you would like to open a school banking account, you just need to go to [www.commbank.com.au/schoolbanking](http://www.commbank.com.au/schoolbanking) to register.

## School Calendar Term Dates

The dates for the school calendar can be found on the Flexi Buzz App simply by selecting the calendar icon after you have selected 'Enter Here' on the Home Page.



## **Icy Poles**

This term icy poles will again be on sale each Friday at lunch time. Icy poles will be sold for 50 cents with the profit of sales being donated to Caritas. TOMORROW icy poles will be given to each child free of charge. First week FREE!!!

## **Vegetable Garden**

Gardening Club needs all your "sprouting potatoes". We will be planting these in our vegetable garden next week.

## **...and to conclude**

Our newsletter will continue to be published fortnightly. The newsletter will be distributed via email, FlexiBuzz and via our school website. Any additional information or updates (required between newsletters) will be communicated via FlexiBuzz.

Tomorrow morning, immediately after the bell, we will hold our first Friday morning assembly. Tomorrow we will be presenting our Preps and new students with Welcome Certificates. All parents are welcome to come along.

We are fortunate to have an incredibly dedicated team of teachers and support staff here at Christ Our Holy Redeemer. I would encourage parents to make contact with your child's classroom teacher should you wish to discuss any aspect of their learning, whether it be a concern or a celebration. Teachers can be contacted in person before or after school at a mutually convenient time, by phone at school or via email.

Working together, I am sure 2019 is going to be another wonderful year of rich learning for our students supported by the amazing parent community here at Christ Our Holy Redeemer.

Take care and enjoy the rest of the week

Brendan Welsford  
Principal

# Starting the New School Year - Separation Anxiety

The first few weeks of school are always exciting for families. While the beginning of the year is a great chance to meet new people and learn new things, some children can find it difficult to leave mum or dad at the start of the school day. Worry about leaving parents is common and often understandable, particularly for younger students. However, prolonged separation anxiety can start to have a major impact on their learning and confidence at school.



If you are finding that your child is having trouble separating from you in the morning, here are a few strategies that you can try to help make the transition from home to school as smooth as possible:

1. **Keep goodbyes short and without fanfare.** The longer the parent waits/prolongs the separation from the child, the more the child's anxiety about the parent leaving increases. Tell your child you are leaving and that you will return at the end of the day, then go - don't stall. Having mum or dad 'pop in' to check on their child can often upset the child again after they have already settled in for the morning.
2. **Discuss your pick-up routine with your child.** Make sure they know exactly when you will be picking them up and where you will be meeting them. Let them and their teacher know if there will be a change in the routine.
3. **Monitor your own emotions and try to keep calm.** If parents appear worried or sad, this can send the message to the child that something is not right, which can increase the child's distress. If your child sees that you can stay calm, they are more likely to be calm too.
4. **Talk with your child's teacher.** It can be helpful to know how long it takes your child to settle once you have left. Over time, you may find that the frequency and intensity of your child's anxiety and distress reduces, as they become more used to their environment and routine.
5. **Encourage your child to be independent and organised with their belongings.** Say goodbye to your child, then send them to unpack their own bag and put their belongings away in the classroom. This gives them a task to focus on to distract them as you leave and helps them develop a sense of routine.
6. **Problem solve with your child, not for your child.** Use this as an opportunity to assist your child to problem solve, rather than to give them the answers. This can help your child to remember the solutions to their concerns and help them to feel more in control. Respond to your child's worries gently and supportively with questions such as: "What time did I say I would pick you up?" and "What would you do if I was late to pick you up?"
7. **Listen to and respect your child's feelings.** The experience of being listened to and having their feelings validated assists children to feel supported. Remind your child of the positives, but don't ignore the fact that they are having some negative feelings.
8. **Let your child's teacher know if there are certain days or activities that make your child more anxious.** This helps the teacher to be ready in the morning so they are able to provide a quick distraction when needed.

Information sourced from: Kidsmart, Early Childhood Australia, Kidsmatter

## 2019 STAFFING

### Foundation (Prep)

Jill Palermo/Elise Pape (Term 1)                      Prep P  
 Jill Palermo/Ashleigh McLellan(Terms 2-4)

### Level Two (One/Two)

Jo Hunt/ Rachael O'Halloran(Wed)                      1/2 HO  
 Kim Goddard    1/2 G  
 Emily Leckie    1/2 L

### Level Three (Three/Four)

Kristy Sly    3/4 S  
 Sarah Den Elzen    3/4D  
 Tanya Ticca    3/4T  
 Karen Gosling/Nicole Russell                              3/4GR

### Level Four (Five/Six)

Emily Faella    5/6F  
 Ilona Cetrola    5/6C  
 Sarah Counihan/Leah Macdonald(Mon)                      5/6CM  
 David Nolan    5/6N

### Specialists

Karen Wakeling    Resource Centre & ICT (Tues, Thurs, Fri)  
 Sue Tobin    PE (Tues, Thurs, Fri)  
 Jon Bode    Performing Arts (Tues, Thurs)  
 Marisa Lucia    LOTE (Italian) (Tues, Thurs)  
 Marissa Kilbride    Visual Arts (Wed)  
 Georgina Torrisi    Digi Tech & Media Arts (Thur)

### Learning Diversity

Suzanne Neil

### Learning Intervention & Extension

Franca Paduano

### Reading Recovery

Maria Falla

<b>Learning Support Officers (LSO's)</b>	<b>Positions of Leadership</b>	
Sue Jenkins	Jo Hunt	Wellbeing Leader
Lorraine Hill	Elise Pape	Literacy Leader (Term 1)
Isabelle Georgalas	Franca Paduano	Literacy Leader (Terms 2-4)
Vicky Kalliontzis	Karen Wakeling	ICT leader
Anna Giannikos	Sarah Counihan	Numeracy leader
Carolyn Heil	Suzanne Neil	Learning Diversity Leader
Tim McDonald	Michella Pradel	Deputy Principal/Teaching and Learning Leader
<b>Administration</b>	Brendan Welsford	Principal
Virginia Macdonald (M, Thurs, Fri)	Everyone	Religious Leadership
Rachel Bernardo (Tu, Wed, Thurs)		

## Oakleigh Netball Club (ONC)

ONC has vacancies in two of its teams for interested players for the upcoming season commencing 15/16 February 2019.

- U11 team (suit grade 4 or 5) 3 vacancies

- U13 team (suit grade 6 or year 7) 2 vacancies

No experience necessary. For enquiries please email Julie at [oakleighccnetball@gmail.com](mailto:oakleighccnetball@gmail.com)

## **Tennis Lessons**

After many years of service to the school community, the McNamara family will no longer be running tennis lessons at the school. The Eastern Tennis Academy will now be providing tennis lessons. Please see details below if you are interested in your child having lessons.



- Before School Hot Shots Classes (8-12 year olds)
- After School Hot Shots Classes (8-12 year olds)
- Junior Squad Classes (13-18 year olds)
- Ladies morning group classes
- Adult evening classes
- Private Lessons
- Mums and Tiny Tots Program

T: 9836 0097 E: [info@easterntennis.com.au](mailto:info@easterntennis.com.au) W: [easterntennis.com.au](http://easterntennis.com.au)